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RIMAS - A repository of Portuguese validated Patient Reported Outcomes (PRO) instruments

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Objectivos (Objectives): RIMAS is an open access internet repository of health outcome instruments, fully accessible to the entire community of users. Its main objective is to facilitate information and access to PRO questionnaires as well as promoting their appropriate use in research, clinical practice, and socio-sanitary management.

Metodologia (Methodology): Instruments are identified by systematic literature reviews. The RIMAS Scientific Committee selects PRO instruments available in Portuguese, with the description of its main psychometric characteristics, constructs measured, target population, disease-specific category based on the ICF, and the way to administer them by researchers, students and health professionals. Requests were made for formal authorizations to reproduce and distribute the instruments to both authors of the original and the Portuguese versions.

Resultados (Results): Currently information is available on hundreds of PRO instruments in Portuguese, including generic health related quality of life measures, domain specific, health condition specific, signs and symptoms, region specific and population specific measures.

Conclusões (Conclusions): RIMAS facilitates access to potential users of PRO instruments in Portuguese speaking countries. Its impact is expected to be on the bibliographic search and on the elaboration of research projects, theses and students' dissertations, to provide information to healthcare providers and health researchers, to contribute to the improvement of the collaborative relationships among schools and research centers, and, at last, to contribute to a wider and systematic use of validated health outcome measures, culturally adapted for Portugal.